

Medicald Advisory Committee - ACO Update

Clinical Operations

Care Management Programs:

- U Baby Program = Program serving all pregnant moms, high risk and low risk
 - o Maternal, Newborn health risk assessment
 - High risk targeted case management
 - College of Health OT Student conducting home visits for bedrest, high risk preterm moms
 - Outcome tracking
 - o U baby committee monthly meetings with physician champions



- Emergency Room(ED)/Restricted Care Management Team
 - o Targeted care management on the frequent flier patients using the ED
 - o Focused care management with the Healthy U restricted members
 - Working with providers (PCPs) and pharmacist to coordinate care
 - Care plan design with patient, provider, pharmacy and care manager
 - o Introducing mobile health paramedic visits with the Salt Lake City Fire Department on frequent ED members
 - o Outcome tracking ED utilization
 - o ED Committee monthly meetings with physician champions, mental health, SLC Fire Department and hospital care managers and leadership.
- Special Needs population care management team
 - o Pediatric care management conducting home visits to introduce our services
 - Partnership with Green & Healthy Homes to help children with asthma
 - Home assessments and renovation as indicated
 - Asthma for children monthly reporting to Dept of Health



- o Adult care management conducting home visits to introduce our services
 - College of Health Low back pain assisting in establishing best practice
 - Durable Medical Equipment protocol and revamping of policies & procedures
- o Outcome tracking Crimson analytics individual per member per month costs and individual risk scoring
- Inpatient Navigator University Hospital
 - o Care management of all Healthy U members and University of Utah Hospital and Clinic employees admitted to the hospital
 - Introduction and tracking of the hospital stay
 - Assist with discharge planning
 - Follow up discharge calls questionnaire
 - Validation of completed follow up appointment with provider
 - o Outcome tracking readmission rate, compliance to follow up appointment with provider
- Pharmacy Team working with our care managers on the specialty pharmacy needs and polypharmacy utilization.
 - o Participant on the Clinical Advisory Committee
 - o Monthly utilization reports shared with care management teams.



- Wellness Coach care manage members that are potential risk for chronic conditions
 - o Asthma
 - o Diabetes
 - o Chf
 - Members that score high in frequent ED visits or multiple hospitalizations in a year will be care managed encouraging, PCP alignment, patient engagement and goal setting.
 - o Encourage member sign up for "My Chart" patient portal
 - o Outcome tracking Individual per member per month costs and risk scores

Other Initiatives supporting care management:

- GATE Utah Psychiatric consult web-based program supporting the primary care provider with
 patients that have mental health issues. This program can assist the PCP on treating mental health
 issues for their patient, whether needing clarity to a question and/or medication management issues.
- LCSW consult services A social worker meets with the care managers caring for the Restricted/ED high utilizers to identify various therapeutic approaches to help engage the members.
- Clinical Advisory Council This council meets every other month to address complex patient needs
 related to medical, mental health and pharmacy issues. This committee has representatives from
 hospital, administration, primary care, pharmacy, case management and health plan. The intent of this
 committee is to establish best practice or process that can be implemented to result in better care,
 lower cost and meet the patient expectations.



initiatives in progress:

- ECHO Project Providing consult services by specialist treating patients with Hepatitis C diagnosis.
- Diabetes management- identify best practice on working with Diabetic Type II and metabolic syndrome patients.
- Asthma management of the pediatric and adults in compliance to medication management
- Palliative care identify targeted population (Liver disease) where training is done for the care
 managers to meet the member in their home to discuss patient choice, quality of life and end of life
 decisions.

Quality Improvement Initiatives:

- HEDIS tracking and reporting
- CAHPs survey
- Preventive programs
 - Mammogram birthday card reminders
 - o Flu shot campaign
 - o Health plan website preventive calendar in development
- Outcome tracking of the care management programs
- Quality Workplan





Managing Populations

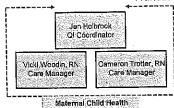


Physician Champions

- · Matthew Peterson, Chair OB/Gyn
- Erin Clark, M.D.
- Sean Esplin, M.D.
- Michael Varner, M.D.

Health Plan Quality Support:

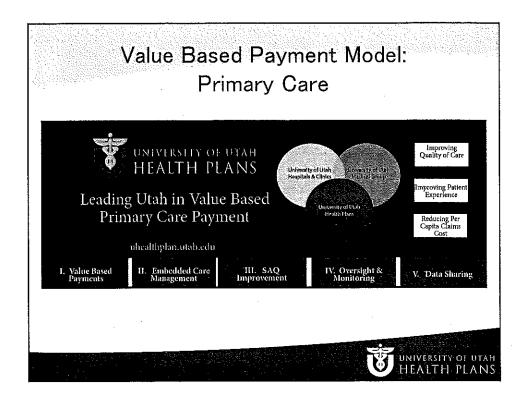
- · Linda Johnson, Manager
- · Travis Ault, Project Administrator
- Frances Serrano



Hospital Administrative Support

- Erika Lindley, Service Director
- Gordon Crabtree





I. Value Based Payments

- Standard Fee For Service Payments
- Enhanced Fee For Service Payments
- Population Management / Thin Cap
- Shared Savings Payment
- 1st for the University of Utah





I. Value Based Payments

Payment Methodologies

- In Development:
 - Bundled Payments: Obstetrics, Orthopaedic Surgery, Pediatrics
 - Capitation: DME/Home Health, Language Interpretation
 - Care Pathways: Headache, Back pain



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Network Analysis

- 1. Quality/Cost/Access
- 2. University Strategic Alliances
 - 1. Referral Patterns
- 3. Provider Readiness Assessment for payment reform
 - 1. Patient Centered Medical Home
 - 2. ACO Capability



